



North Ringwood Community House Inc.

Term 3 July - September 2019

- Accredited Training
- Art & Craft Classes
- Social Groups
- Pre-Accredited Training
- Health & Fitness Classes
- Room Hire
- Computer Training
- Language Classes
- Free Events

Accredited Training – RTO 6434

NRCHI is a registered training organisation that delivers nationally recognised training and qualifications. Our students can have confidence they will attain high quality skills of which are accepted and recognised everywhere in Australia.

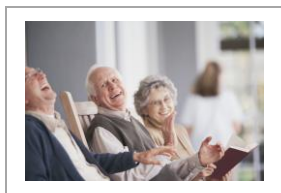
Our programs are led by highly experienced trainers who have valuable experience in training and industry. They understand the needs of adults and especially those who are returning to study.

We offer a welcoming, friendly environment, with motivated and friendly staff. We have free on-site car parking and personal small class sizes. Classes are held during school hours and terms.

Courses are offered under both fee for service and funded places. Training is delivered with Victorian and Commonwealth Government Funding. For details of Victorian Skills First support for students go to:

<https://www.education.vic.gov.au/victorianskillsgateway/students/pages/default.aspx>

Nationally Accredited Qualifications



CHC33015 Certificate III in Individual Support (ageing & home and community)

CHC43115 Certificate IV in Disability

CHC43415 Certificate IV in Leisure & Health – new course starting in July

CHC53415 Diploma of Leisure & Health

Our course fees are similar to, or cheaper than, “Free TAFE”. Please call 9876 3421 or email admin@nrch.org.au for more information and to register your interest.

For more information and details visit www.nrch.org.au or phone 9876 3421.

Room Hire

Starting at \$20 per hour.

Short and long term bookings available.

NRCHI offers an extensive range of rooms and facilities for hire. It is an ideal venue for community functions, meetings, training sessions, playgroups, children's party hire, support groups and more. Free on-site carparking is available.

Rooms available:

Large hall – caters up to 80 people.

Meeting rooms – caters up to 20 people (with access to overhead projector and screen & whiteboards).

Large office space (with access to NRCHI reception during business hours) includes desks, chairs, free wifi, waiting area and phone.

Fully equipped childcare space includes use of the childcare room, outdoor playground and toys. Access to our fully equipped kitchen for party food preparation, (including oven and fridge) is also included.

NO EVENING ALCOHOL FUNCTIONS.

Approval for all functions is at the discretion of the Manager.

Some exclusions and time restrictions apply. Bookings are subject to availability.

For more information and details visit www.nrchi.org.au or phone 9876 3421.

Languages

Spanish – Beginners

(Mon 22nd Jul x 8 wks 6.00pm-7.45pm
\$128 C \$123)



Spanish – Intermediate

(Mon 22nd Jul x 8 wks 7.45pm-9.30pm
\$128 C \$123)

Italian Beginners Ongoing

(Tue 23rd Jul x 8 wks 7.00pm–9.00pm or
Thu 25th Jul x 8 wks 9.30am-11.30am or
Thu 25th Jul x 8 wks 7.00pm–9.00pm
\$146 C \$141)

Italian Intermediate

(Mon 22nd Jul x 8 wks 7.00pm-9.00pm
\$146 C \$141)

Provide CPR HLTAID001

Delivered by Revive2Survive, RTO # 21688
(Thu 3rd Oct x 1 wk 9.00am–11.00am \$65
on-line component required prior to the day)

Provide First Aid HLTAID003

Delivered by Revive2Survive, RTO # 21688
This course is for those with existing first aid experience.
(Thu 3rd Oct x 1 wk 9.00am–1.00pm \$135
on-line component required prior to the day)



REVIVE2SURVIVE
1300 000 112



Art & Craft



Beginners Crochet

(Tue 23rd Jul x 8 wks 10.00am-12.00pm \$50)
Requirement list.

Porcelain Doll & Figurines

(Mon 15th Jul x 10 wks 10.00am-12.00pm or
1.00pm-3.00pm \$156 C \$151)

Coffee & Craft informal social group

(Wed 17th Jul x 10 wks 10.30am-12.30pm
\$2 per session) BYO craft.

Watercolour Painting – Botanical Art

(Mon 15th Jul x 10 wks 12.30pm-3.00pm
\$196 C \$191). Requirement list.

Drawing and Painting

(Fri 26th Jul x 8 wks 10.00am-12.00pm
\$127 C \$122) Requirement list.



Leadlighting

(Thu 25th Jul x 9 wks 12.30pm - 3.30pm
\$214 C \$209 or Thu 25th Jul x 9 wks
7.00pm - 9.30pm \$178 C \$173) Requirement
list.

Community Houses in Maroondah:



Bedford Park, Rosswarne Lane, Ringwood VIC 3134
Phone: (03) 9870 2802 www.crcsinc.org.au
ABN: 62 757 626 466 Inc Association: A000232001



78-88 Croydon Hills Drive, Croydon Hills VIC 3130
Phone: (03) 9722 8042 www.yarrunga.org.au
ABN: 62 340 040 053 Inc Association: A0038088A



Address: 43-78 Alibonban Drive Bayswater North
Telephone: (03) 9294-7330
Email: arrabri@arrabri.org.au Web: www.arrabri.org.au
ABN: 62 352 172 114 Inc Association: A02020051



30 Glen Park Road, Bayswater North
(03) 9720 5097 office@glenparkcc.com.au

For more information and details visit www.nrhc.org.au or phone 9876 3421.

Pre-accredited Training



19EMPWORDEX **Word & Excel**

(Tue 23rd Jul x 8 wks 12.30pm-3.00pm \$63)

19EMPBASCOM **Basic Computer Skills for Beginners**

(Mon 22nd Jul x 8 wks 9.30am-12.00pm \$63)

19EMPBEYBAS **Beyond Basic Computer Skills**

(Tue 23rd Jul x 8 wks 9.30am-12.00pm \$63)



19EMPINTOFF **Introduction to Office Skills**

(Wed 24th Jul x 8 wks 12.30pm-3.00pm \$73)

19VOCRETWOR **Return to Work**

(Tue 24th Jul x 8 wks 9.30am-12.00pm \$73)

19VOCPROFCW **Professional Creative Writing**

(Tue 23rd Jul x 8 wks 7.00pm-9.30pm \$85 or
Wed 24th Jul x 8 wks 9.30am-12.00pm \$89)



19VOCINTRAC **Pathway to Aged Care**

(Wed 24th Jul x 8 wks 7.00pm-9.30pm \$20)

19VOCINTRDS **Pathway to Disability**

(Tue 23rd Jul x 8 wks 7.00pm-9.30pm \$20)

19VOCINTRLH **Pathway to Leisure & Health**

(Mon 22nd Jul x 8 wks 7.00pm-9.30pm \$20)

For more information and details visit www.nrch.org.au or phone 9876 3421.

Special Interest



Meet Me @ the Movies

Everyone welcome

(Last Tues of the month 12.00pm-4.00pm)

Next session: 30th July at Croydon Cinemas)

Bush Nomads Walking Group

(Mon 15th Jul x 10 wks 9.15am-3.00pm \$1.50 per session)

Taste of the East Cooking Demonstration

(Tue 13th Aug 1.00pm-3.00pm \$20)



Fab 50's Women's Social Group

New members welcome

(Thu 18th Jul x 10 wks 10.00am-12.00pm)

\$4 per session)



Responsible Service of Alcohol (RSA Vic)

Training provided by CFT International,

RTO # 21120

(Wed 7th Aug x 1 wk 5.00pm-9.00pm \$75)

Level 1 for Basic Food Handlers

(Sat 10th Aug x 1 wk 9.00am-1.00pm \$95)

Food Safety Supervisors Training

Health & Community Services \$275

Hospitality & Retail \$210

(Sat 10th Aug x 1 wk 9.00am-5.30pm)

Training provided by CFT International,

RTO # 21120

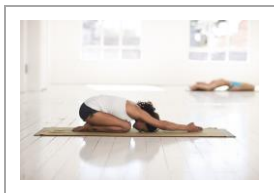


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Health & Fitness

Strong People Stay Young

(Mon 15th Jul x 10 wks 6.00pm–7.00pm
\$125 C \$120 or Thu 4 Jul x 10 wks
8.30am–9.30am [No Class 18th & 25th Jul]
\$125 C \$120)

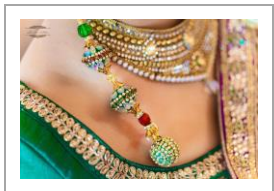


Belly Dancing

(Mon 15th Jul x 10 wks 1.00pm–2.00pm
\$125 C \$120)

Pilates

(Wed 17th Jul x 9 wks 9.15am–10.15am or
10.30am–11.30am or Thu 18th Jul x 9 wks
6.00pm–7.00pm or 7.00pm–8.00pm
\$113 C \$108) No class 31st Jul and 1st Aug



Zumba Gold

(Tue 16th Jul x 10 wks 11.30am–12.30pm or
Fri 19th Jul x 10 wks 1.00pm–2.00pm
\$125 C \$120)



Mindfulness Based Meditation

(Mon 15th Jul x 7 wks 9.15am–10.15am or
7.15pm – 8.15pm \$89 C \$84)

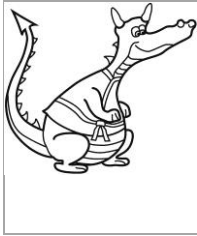
Tai Chi for Health

(Beginners: Wed 17th Jul x 10 wks 12.15pm–
1.15pm or Intermediate 1.30pm–2.30pm
\$125 C \$120)

Chair Yoga

(Mon 15th Jul x 10 wks 10.30am–11.30am
\$125 C \$120)

Health & Fitness



Little Dragons (3-5 year old)

Basic Elements of Karate in a playful and positive atmosphere.

(Tue 16th Jul x 10 wks 1.00pm–1.45pm
\$94 C \$89)

Self Defence for Women

(Tue 16th Jul x 10 wks 2.00pm–3.00pm
\$125 C \$120)

Latin Dance

If you love dancing...this is the class for you
No partner needed.

(Tue 16th Jul x 10 wks 1.00pm–2.00pm
\$125 C \$120)



Mini Ball Pilates

Using mini balls and flat band elastics – every week is different so class is never boring.

(Tue 16th Jul x 10 wks 2.00pm–3.00pm
\$125 C \$120)



Hatha Yoga

(Tue 16th Jul x 9 wks 7.00pm–8.00pm or
8.05pm–9.05pm \$113 C \$108)



Who we are

North Ringwood Community House Inc. is a non-profit organisation whose core business is to be an engaging, supportive and responsive Community House.

Refunds will be given if:

The class is cancelled by the Community House.

You cancel your enrolment at least 7 days prior to course commencement (this will incur a \$15 admin fee).

No refunds given if you cancel within the week prior to, or after, class commencement.

A fee reduction of no more than 2 classes per term will be made where you expect to miss classes for holidays or other obligations. (No reduction for accredited or pre-accredited classes).

Contact Us

Melways Reference: Map 35 K12

From Ringwood Station take Bus 364 which drops you off at our entrance.

35-39 Tortice Drive, Ringwood North, 3134

P.O. Box 2489

Phone: 9876 3421

Email: admin@nrch.org.au

Web: www.nrch.org.au

Office hours: Mon-Fri 9.00am-3.45pm

ABN: 78 052 679 939

RTO: 6434



We gratefully acknowledge:



For more information and details visit www.nrch.org.au or phone 9876 3421.